Examining Privilege and Power: Digging Deeper

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Session Agenda

- Further reactions to the keynote presentation
- The Lessons of Racism of the Well-Intended
- What Are You Willing to Do Differently?
THE LESSONS OF RACISM OF THE WELL INTENDED

- STRESS of Racism
- CARE 4 Racism
- POWER
- PRIVILEGE
- PERSONAL RESPONSIBILITY
- PARTNERSHIP

- Arthur H. Woodard Jr, MSW
- SOULcial Worker/HELPer
My Mother was born in Rural Georgia in 1928. She Died too young @ age 46 as a result of Fear & Stress!? 

1946 Lynching in Georgia

$12,500.00 REWARD!

Rewards totaling $12,500.00 have been offered for information leading to the arrest and conviction of persons involved in the killing of 4 Negroes in Walton County on July 25, 1946.

All Information Will Be Kept Confidential

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The STRESS of Racism
• Admitting that we are powerless over Racism creating unmanageability, limitation, toxic relating & toxic environments.

CARE 4 Racism
• Making a choice/a decision to turn our lives over to CARE.

POWER
• The “isms” Lesson/Lessen/Deny Humanity (the Power to Be).
• The “isms” Lesson/Lessen/Deny Opportunity (the Power to Do).
• We Affirm/Accept/Act with our Power.
• We Negate/Deny/“Give our Power away”.

PRIVILEGE
• The Both/Andness of White Privilege: A Blessing & A Curse.
• The Both/Andness of Under Privilege: Opportunity & Oppression.

PERSONAL RESPONSIBILITY
• Developing Positive Identity.
• Developing Social Competency.
• Discovering/PrACTicing A Way of Living Wellness.
• Commitment to Personal Growth & Learning.

PARTNERSHIP
• Aligning Our Power.
• Relationship Building vs. Relationship Destroying.
• Co-Creating Competent Cultures/Environments.
The **Stress** of Racism:
Admitting powerlessness over racism creating unmanageability & toxic relating.

![Diagram showing the stress of racism on a two-dimensional plane with the axes labeled as Personal Dis-Ease and InterPersonal Dis-Ease. The inner individual is connected to the culture of fear, and the outer individual is connected to systems MalPrACTices.]
What Are You Willing to Do Differently

- Creating Competent Cultures - How do you go back to your communities and relationships and create enough safety to have productive conversations about race.

- The Three-Legged Stool
  - Actively listen
  - Asking good questions (honestly and compassionately)
  - Managing your own stuff

- Aligning Your Power - What does aligning your power mean to you? What will that look like for you in the future?