



## 16<sup>th</sup> Annual Midwest Conference on Problem Gambling and Substance Abuse:

"Reflections and Destinations"

Hilton Kansas City Airport, Kansas City, Mo., June 19-21, 2019

### Day 1: Wednesday, June 19

Time	Event
8 a.m. – 5 p.m.	Exhibit Hall Open
8 a.m. – 5 p.m.	Registration Table Open
8 – 9 a.m.	Continental Breakfast
9 – 10:30 a.m. Session 1 – 90 min.	<p><b>Conference Welcome/Committee Introductions</b>  <b>Keynote Address</b>  <b>Presenter: Kim Nelson, SAMHSA</b>            Location: Shawnee Ballroom  <i>**gambling specific CEUs</i></p>
10:30 – 10:45 a.m.	Networking Break
10:45 – 11:45 a.m. Session 2 – 60 min.	<p><b>A Study on Gambling Pathways Interaction with Treatment Services</b>            Presenter: Jessica Hartz, ICGC-1            Objective: Explain the 3 gambling pathways and how to utilize the gambling pathways questionnaire. Be knowledgeable in how the pathways and other factors impact gambling treatment services. Be knowledgeable in how to utilize the Gambling Pathways Questionnaire to improve treatment planning.  <i>**gambling specific CEUs</i></p> <p><b>New Approaches to Family and Couples Counseling in Addressing Gambling Disorder</b>            Presenter: Lori Ruple, PhD, ICGC-II/BACC            Objective: Participants will be able to utilize strategies to help family members reinforce recovery-oriented behaviors in loved ones struggling with gambling disorder. Participants will be able to identify how traditional language of co-dependency may contribute to stigma of families and couples living with addictive disorders. Participants will learn strategies to assist family members in developing self-compassion and self-care.  <i>**gambling specific CEUs</i></p> <p><b>Ending the Trend on Vaping</b>            Presenter: Jamie Katz, MPH            Objective: Define vape and other electronic nicotine delivery systems, including JUUL. Reach teens via social media platforms and light-hearted messaging. Outline End the Trend social norm campaign strategies that can be implemented to prevent and reduce vape use among youth.</p>
11:45 a.m. – 12:45 p.m.	Lunch
12:45 – 1 p.m.	Networking Break
1 – 2 p.m. Session 3 – 60 min.	<p><b>Keynote Address: <i>Clinical Perspectives on Problem Gambling, Substance Abuse, and Compulsive Sexual Behavior</i></b>  <b>Presenter: Rory Reid, Ph.D., LCSW, ICGC-II</b>            Location: Shawnee Ballroom            Objective: Participants will be able to assess compulsive sexual behavior disorder according to ICD-11 and understand the differences between the DSM-5 proposals for Hypersexual Disorder. Participants will be able to explain common underlying issues common among clients with sexual compulsive behavior and other addictions. Participants will be able to identify 3 interventions that have been shown to attenuate symptoms of compulsive sexual behaviors in clients with gambling disorder or SUDs.</p>

	<i>**gambling specific CEUs</i>
<b>2 – 2:15 p.m.</b>	Networking Break – Location: Kansa Ballroom
<b>2:15 – 3:45 p.m.</b> Session 4 – 90 min.	<p><b>Mindfulness Applications for Clients with Addictions</b> Presenter: Rory Reid, Ph.D., LCSW, ICGC-II Objective: Participants will be able to define mindfulness and explain how its specific mechanisms of action attenuate stress proneness, impulsivity, addictive cravings, and emotional regulation among clients seeking help for addictions. Participants will learn specific mindfulness exercises and concepts that can enhance compliance with this intervention among addicted population and be able to apply them with clients. Participants will be able to explain 3 research findings from neuroscience and peer-reviewed studies that support the use of mindfulness as a good fit for addictions.</p> <p><b>The Gambling Treatment Program Capability Index: A Model Based Approach Toward Program Development</b> Presenter: Jeff Marotta, Ph.D., ICGC-II Objective: Participants will gain an understanding of a model depicting a comprehensive approach toward addressing problem gambling within an agency. Participants will learn about and better understand various strategies to increase gambling treatment enrollments. Participants will better understand why it is important for behavioral healthcare agencies to apply a gambling informed approach throughout their system. <i>**gambling specific CEUs</i></p> <p><b>Strategies for Starting the Conversation: Developing and Implementing a Problem Gambling SBIRT (Screening, Brief Intervention and Referral to Treatment)</b> Presenter: Lori Rugle, PhD, ICGC-II/BACC Objective: Participants will be able to identify key elements to effective screening for gambling disorder. Participants will be able to identify strategies to initiate discussion of the impact of gambling in a variety of health care settings (primary care, substance use disorder, mental health). Participants will be able to describe and utilize brief intervention and/or referral strategies for those at risk for or reporting gambling problems. <i>**gambling specific CEUs</i></p>
<b>3:45 – 4 p.m.</b>	Networking Break
<b>4 – 5 p.m.</b> Session 5 – 60 min.	<p><b>Keynote Address: We Have Come So Far America, Yet We Have So Far to Go: Problem Gambling Services in the U.S.</b> <b>Presenter: Jeff Marotta , Ph.D., ICGC-II</b> Objective: Understand how problem gambling services differ from state to state. Describe how problem gambling service funding and guidance from national agencies differ from other addiction services. Understand how state funded problem gambling services in the U.S. has changed over the past 10 years. <i>**gambling specific CEUs</i></p>
<b>Evening Meetings</b>	AA and NA Meetings (list available at the registration table)

## Day 2: Thursday, June 20

Time	Event
<b>8 a.m. – 5 p.m.</b>	Exhibit Hall Open
<b>8 a.m. – 5 p.m.</b>	Registration Table Open
<b>8 – 9 a.m.</b>	Continental Breakfast
<b>9 – 10 a.m.</b> Sessions 6 – 60 min.	<p><b>Keynote Address: The Tangled Web: Blurring Lines Between Gambling and Gaming</b> <b>Presenter: Maureen Greeley</b> Location: Shawnee Ballroom</p>

	<p>Objective: Participants will gain a greater awareness of the patterns of behaviors that might indicate gaming and gambling addiction/disorder. Participants will be introduced to tools that support screening and assessment for identification of gaming/gambling addictions/disorders. Participants will learn about some of the many Legislative efforts regarding this new territory of gambling and gaming regulation in the United States.</p> <p><i>**gambling specific CEUs</i></p>
<b>10 – 10:15 a.m.</b>	Networking Break
<b>10:15 – 11:45 a.m.</b> Session 7 – 90 min.	<p><b>Tribal Nations Problem and Responsible Gambling Initiatives: From IGRA to Community Investments</b> Presenter: Maureen Greeley and Wiley Harwell, D.Min, LPC, NCGC-II</p> <p>Objective: Understanding compact agreements for your state and offering services to the tribes that meet the compact agreements and any other needs you can support. Understanding the meaning of Sovereignty and why this is a special designation for Tribal nations. Learning to be yourself while bringing your expertise to a culture that is sacred and at times filled with historical trauma.</p> <p><i>**gambling specific CEUs</i></p>
	<p><b>Treatment Integration for Opioid Use Disorder</b> Presenter: Ken Martz, Psy.D., MBA and Cecilia Velasquez, MHS</p> <p>Objective: Upon completion, participants will be able to list key parallels among evidence-based treatment for OUD. Participants will be able to describe examples of interventions for different stages of progress in treatment and recovery. Participants will be able to design programmatic changes to align with best practices.</p>
	<p><b>Gambling Behavioral Assessment: Treatment Planning and Tracking Client Outcomes</b> Presenters: Ty Lostutter, Ph.D., License Clinical Psychologist</p> <p>Objective: Describe at least 3 behavioral assessment measures that could be used for clients with gambling disorder. Providers will be able to introduce and help clients implement using behavioral assessment tools both in session and between sessions in order to have clients track their problem gambling behaviors. Providers will learn how to score, summarize and provide feedback to clients about data collected using gambling behavioral assessment tools.</p> <p><i>**gambling specific CEUs</i></p>
<b>11:45 a.m. – 12:45 p.m.</b>	Lunch
<b>12:45 p.m. – 1:45 p.m.</b>	<b>Dessert Networking Reception hosted by Project Turnabout (with presentation to follow)</b>
<b>1:45 – 3 p.m.</b> Session 8 – 75 min.	<p><b>Keynote Address: Problem Gambling Prevention: Then and Now</b> <b>Presenter: Julie Hynes, MA, CPS</b></p> <p>Location: Shawnee Ballroom</p> <p>Objective: Explain at least 3 frameworks used to address problem gambling prevention in the U.S. Explain 5 risk and protective factors that, over time, have been shown to be common to problem gambling prevention and substance abuse prevention. Identify at least 3 strategies that can be used to integrate problem gambling prevention with substance abuse disorder prevention.</p> <p><i>**gambling specific CEUs</i></p>
<b>3 – 3:15 p.m.</b>	Networking Break
<b>3:15 – 4:15 p.m.</b> Session 9 – 60 min.	<p><b>Not Your Dad's PlayStation: Gaming's Emergence as Sport &amp; Convergence Gambling</b> Presenter: Julie Hynes, MA, CPS</p> <p>Objective: Upon completion of this workshop, the participant will be able to identify at least three recent trends in electronic gaming that relate to problem gambling. The participant will be able to explain common criteria for gaming disorder (ICD-11) and disordered gambling (DSM-5). The participant will be able to identify three tools to use to address risky gaming behavior in their SUDs and/or problem gambling practice across the continuum of care.</p> <p><i>**gambling specific CEUs</i></p>
	<p><b>Creative Mindfulness - Self-Care and Burnout Prevention for Professionals</b> Presenter: Joseph Green</p> <p>Objective: Demonstrate examples of mindfulness practice to assist with burnout prevention for those working in vulnerable situations. Explain the many evidenced based medical advantages of mindfulness and meditation. Implement a self-care practice to assist with burnout prevention.</p>

	<p><b>Blurred Lines: Gaming to Gambling</b>  Presenter: Dan Trolaro, MS Psychology  Objective: To identify emerging forms of gaming and how it connects with gambling mechanics and behaviors among today's youth. Assess Gaming Disorder within the WHO-11 and discuss criteria within context of the DSM-5. Explain the psychological principles and random reward mechanisms that exist in today's online social games.  **gambling specific CEUs</p>
4:15 – 4:30 p.m.	Networking Break
4:30 – 6:00 p.m. Session 10 – 90 min.	<p><b>Keynote Address: The “Dis” Ease of Addiction: Pain, Fear, Vulnerability</b>  <b>Presenter: Dan Trolaro, MS Psychology</b>  Location: Shawnee Ballroom  Objective: To develop an understanding that the role of pain plays in the ‘Dis-Ease’ of the one struggling with Problem and Disordered Gambling. To evaluate the impact that Adverse Child Experiences and Unresolved Trauma have on adulthood and mental health. To address the impact of addiction within the family on today's youth.  **gambling specific CEUs</p>

### Day 3: Friday, June 21

Time	Event
8 a.m. – 12:30 p.m.	Exhibit Hall Open
8 a.m. – 12:30 p.m.	Registration Table Open
8 – 9 a.m.	Continental Breakfast
9 – 10:30 a.m. Session 11 – 90 min.	<p><b>Medication Assisted Treatment- Overcoming Stigma</b>  Presenter: Cindy Claxton, KS LCSW, LCAC and Stacy Chamberlain, KS MA, LMAC  Objective: Explain how stigma is encountered in Medication Assisted Treatment (MAT) for people in recovery from opioid use disorders. Will identify, from individuals who have been through a MAT program, what benefits challenges the participant faced in their recovery as well as how they dealt with stigma. Identify resources available for individuals participating in or in need of a MAT treatment.</p> <p><b>Legalization of Sports Betting and Daily Fantasy Sports and Intention to Engage in Gambling Behaviors</b>  Presenter: Mitch Avery, Eric Pruess and Ki Park  Objective: Explain the emerging gambling behaviors such as sports betting and daily fantasy sports. Identify the relationship between sports-related gambling with other key measures such as sociodemographic and SU. Identify the most common gambling behaviors among adult Iowans.  **gambling specific CEUs</p> <p><b>Differential Response Patterns Across Problem Gambling Risk Categories: Implications for Prevention</b>  Presenter: Lisa Chaney, M.S. and Juan Baez, B.S. and Misty Ford, M.S., LNHA  Objective: Upon completion of this presentation, participants will be able to find data to identify gambling frequency and preference, myths and perception, and awareness of treatment options among the Kansas adult population. Participants will be able to explain the differences in gambling behavior, substance use, and mental health, between individuals at low, moderate, and high problem gambling risk. Participants will understand the prevention work being completed by the Kansas Problem Gambling Coalition and Task Forces to reduce problem gambling and increase awareness of treatment options.  **gambling specific CEUs</p>
10:30 – 11 a.m.	Networking Break
11 a.m. – Noon Session 12 – 60 min.	<p><b>Keynote Address: Beacon of Hope</b>  <b>Presenter: Joseph Green</b></p>

	<p>Location: Shawnee Ballroom</p> <p>Objective: Identify literary-based tools for the cultivation of personal narrative as it pertains to prevention and recovery programs designed for young adults. Speak to the correlation between the sharing of personal narrative and recovery from SUD. Implement necessary literary-based tools in programs designed for adolescents and young adults.</p>
<b>Noon – 12:30 p.m.</b>	Submission of evaluations and distribution of CEU certificates

### **Day 3: Optional Training**

<p><b>12:30 – 3:30 p.m.</b></p> <p>Session 13 –180 min.</p>	<p><b>Optional Post-Conference Ethics Training</b></p> <p>Presenter: Joanne Stovall</p> <p>Objective: Presenter will review the Professional Ethics Code, identify the responsibility of the ethical committees and state licensure boards, and discuss self-disclosure as a component of ethical practice.</p>
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**Thank you for attending the 2019 MCPGSA!**