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Behavioral Health Group

**OVERVIEW OF MEDICATION
ASSISTED TREATMENT**

What is Opioid Abuse/Addiction?

- Repeated use/abuse of opioids creates the potential for addiction.
- As an individual becomes addicted to opioids, he or she requires greater quantities of opioids to achieve the same level of euphoria or “high”.
- Physical addiction can occur within 6 weeks of the initial opioid abuse, but psychological addiction can occur in as little as 48 hours.
- When abused, opioids may be administered orally, by snorting, injecting or smoking.

Methadone Clinics in Kansas

- 2 in Kansas City, Kansas
- 1 in Overland Park
- 1 in Topeka
- 1 in Lawrence
- 4 in Wichita

Treatment Capacity

- Approximately 2700 patients served at the methadone clinics
- Office Based Opioid Treatment (OBOT)
 - 125 Dr's certified in Kansas by SAMHSA to provide suboxone treatment
 - Difficult to know how many are actually prescribing

Funding

- Historically all clinics were self-pay
- Current-
 - Medicaid
 - STR/SOR funding
 - Commercial Insurance

STIGMA

Stigma and MAT

- **Definition:**

- Stigma is the experience of being “deeply discredited” due to one’s “undesired differentness”. To be stigmatized is to be held in contempt, shunned, or rendered socially invisible because of a socially disapproved status. It involves processes of labeling, stereotyping, social rejection, exclusion, and extrusion-the essential ingredients of discrimination.

- “Recovery Oriented Methadone Maintenance”.
William White ad Lisa Torres.

Types of Personal Stigma

- Enacted Stigma
- Perceived Stigma
- Self-Stigma

“Good” vs “Bad” Drugs

- Good drugs-Celebrated, Commercialized, and taxed
- Bad drugs-demonized and prohibited

Imperfect Medicalization of Opioid Addiction and MAT

- Trapped between medical and moral/criminal models of problem definition and resolution
- Never achieved full legitimacy as a medical treatment
- Person enrolled never received full status as a patient
- MAT clinic not on par with hospitals or outpatient medical clinics

5 Types of Stigma unique to MAT

- Treatment Stigma
- Dose Stigma
- Stigma of personal regret
- Stigma related to associational ties
- Loss of Control Stigma

Social Strategies to address Stigma

- Protest
- Educate
- Contact

Behavioral Health Group

WHO WE ARE:

Behavioral Health Group (BHG) is a leading provider of opioid addiction treatment services.

- Our treatment centers provide pharmacotherapeutic maintenance and detoxification services in a conventional outpatient setting.
- 50 Locations in 12 States. Serving 15,000 patients and growing. Three locations in the KC Metro area-Overland Park, Kansas City, Kansas and Kansas City, Missouri.

Hope, Respect, and Caring

- **Hope** - the treatment we offer can help patients regain the things they've lost due to their untreated disease.
- **Respect** - our patients are treated with the same dignity and respect that any health care provider gives to a patient suffering from a medical condition.
- We **Care** about the epidemic of opioid addiction; we are committed to providing high quality care to those who suffer from this disease.

BHG's Medical Mission

To empower our patients to realize their *best level of functioning* in the community.

- **Medication assisted treatment** at the lowest possible medication dosage to control the medical and behavioral signs of opioid addiction.
- **Evidence-based, team-delivered**, medication-assisted treatment of opioid dependence that allows each patient to work toward achieving his or her best level of functioning.



Behavioral Health Group

WHAT WE DO:

Outpatient Treatment

All BHG facilities are **outpatient** drug treatment centers.

- This allows the patient to live at home, attend work or school, and live a normal life.
- As a condition of treatment, BHG emphasizes abstinence from illicit substances and alcohol.
- All patients are subject to regular drug tests, which are monitored by the medical staff.

Intensive Outpatient Treatment

BHG Overland Park Treatment Center recently became licensed for this level of care. With this licensure we hope to:

- Improve access for individuals in need of this level of care, for both non-MAT and MAT patients

Opioid Addiction Treatment

At BHG, we use a two-pronged approach to address the *medical* and *behavioral* aspects of opioid addiction.

- **Medication Assisted Treatment** (MAT) uses Methadone or Buprenorphine to address a patient's physical dependence on Opioids.
- Team-based **Behavioral Counseling** addresses a patient's psychological dependence.

Medication Assisted Treatment

- Under the supervision of a physician, we use one type of medication (e.g., methadone or Buprenorphine) to address the patient's **physical dependence** on opioids.
- These types of medication minimize the painful symptoms of withdrawal and stabilizes the patient's biochemistry.

Medication Assisted Recovery

MAT & Pharmacotherapy

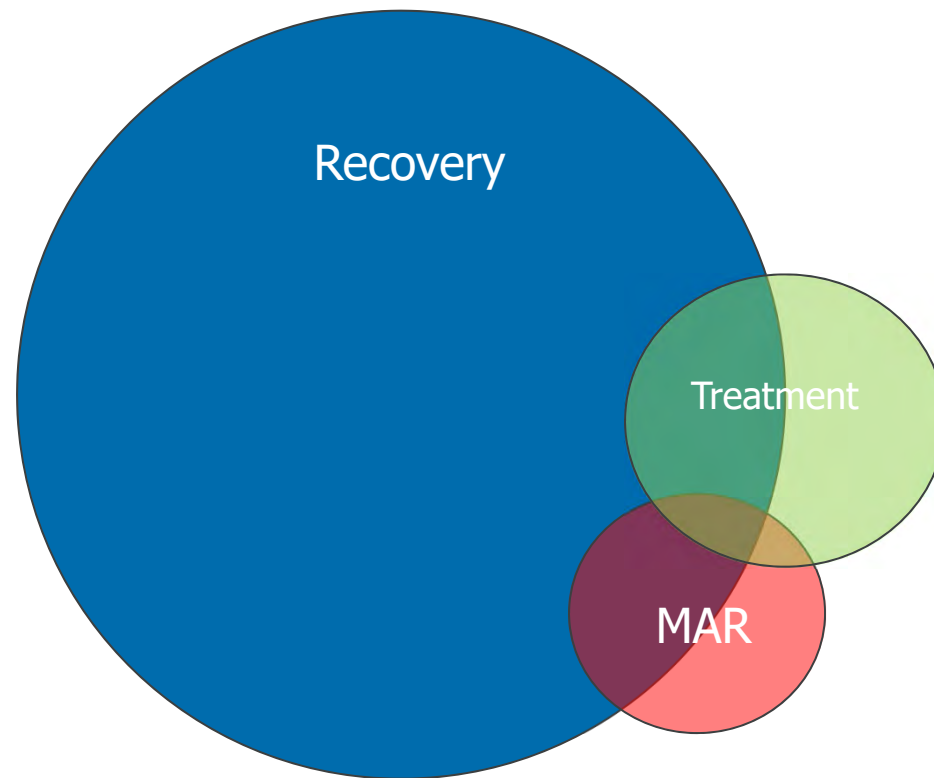
“Medication Assisted Treatment (MAT) is a form of pharmacotherapy and refers to any treatment for a substance use disorder that includes a pharmacologic intervention as part of a comprehensive substance abuse treatment plan with an ultimate goal of the persons’ recovery with full social function”

SAMHSA DPT Website 2008



Medication Assisted Recovery

MAT is only a small part of Recovery



Medication Assisted Recovery

MAT & Pharmacotherapy

As part of a comprehensive **treatment** program, MAT has been shown to:

- ✓ **Improve survival**
- ✓ **Increase retention in treatment**
- ✓ **Decrease illicit opioid use**
- ✓ **Decrease hepatitis and HIV**
- ✓ **Increase employment**
- ✓ **Improve birth outcomes**
- ✓ **Increase program's financial bottom line**

SAMHSA DPT Website



Medication Assisted Recovery

MAT & Pharmacotherapy

MAT is not effective for most without:

- ***Counseling***
- ***Community & 12 Step mutual supports***
- ***Family involvement***
- ***Medical Services***
- ***Recovery Support Services***
 - ***Employment, vocational, educational, housing, mentoring and coaching***

Guiding Principle

“There are multiple pathways of long term addiction recovery, and all are cause for Celebration”

- Closing thought
 - Quoted from Walter Ginter-
long time Methadone
Advocate



Questions?

Resource

- “Recovery-Oriented Methadone Maintenance”. William L. White, Lisa Mojer-Torres, JD.