



**VIRTUAL CONFERENCE**  
**18<sup>th</sup> Annual Midwest Conference on Problem Gambling and Substance Abuse:**  
**"Celebrating Inclusivity and Hope: Recovery in Uncertain Times"**

**Day 1: Wednesday, June 16, 2021**

Time	Event
9 – 10:15 a.m. Session 1 – 75 min.	<p><b>Conference Welcome</b></p> <p><b>Keynote Address - The Wide World of Sports Gambling</b>  <b>Presenter: Dan Trolaro, MS Psychology</b></p> <p>Participants will analyze the connection and risk of progression from fantasy sports contests to sports gambling with corresponding impact on the brain; will learn about the rapid expansion of sports gambling, emerging trends, and how to incorporate responsible gambling practices; and be able to recognize and explain how universities are involved in the worlds of Sports betting and eSports and the impact on the student.</p>
10:15 – 10:30 a.m.	Break
10:30 – 11:30 a.m. Session 2 – 60 min.	<p><b>Gambling and Gaming During Pandemic: The More Things Change, the More They Stay the Same</b>  <b>Presenter: Jeremy Eberle, MA LIMHP, CDGC, LADC and Janet L. Johnson, MA LIMHP, CDGC, LADC</b>  <b>Objective: Attendees will understand the similarities and differences between gambling use disorder and gaming use disorder. They will understand the ways in which the pandemic further blurred the lines between these two disorders and the presentation will demonstrate skills and activities to assist gamblers and gamers to find more productive flow state and ways to find social connection during increased social distancing.</b></p> <p><b>Stigma and Substance Use Disorders</b>  <b>Presenter: Erika Holliday, MPH, CHES, Bree Sherry, BA and Jennifer Wolfe, CPS</b>  <b>Objective: Upon completion of this workshop, the participant will be able to associate the effects using substances has on the brain, to the actions made by a person who has Substance Use Disorder; describe 3 different types of stigma and how they appear in everyday life for yourself and others and identify at least 2 areas in the workplace that are affected by stigma and techniques to address these behaviors.</b></p>
11:30 a.m. – 12:15 p.m.	Lunch Break
12:15 – 1:30 p.m. Session 3 – 75 min.	<p><b>Keynote Address: The Clinical, Neurological and Societal Impacts of the Digital Age: The Effects of Video Games, Social Media, Smart Phones, and On-Line Gambling</b>  <b>Presenter: Nicholas Kardaras, Ph.D., LCSW</b></p> <p><b>Objective: Participants will be able to identify the neurological impacts of screen addiction and how they mirror substance addiction, the clinical impacts of screen addiction (i.e., effects on depression, ADHD, anxiety, thought disorders, etc.), and able to assess and treat various screen addiction disorders (on-line gambling, video game, social media) and learn how to implement screen addiction assessment tools in accordance with the new ICD 11 'Internet Gaming Disorder' diagnosis.</b></p>
1:30 – 1:45 p.m.	Break
1:45 – 2:45 p.m. Session 4 – 60 min.	<p><b>Digital Dystopia: The Cultural, Sociological and Historical Aspects of Our Screen Culture</b>  <b>Presenter: Nicholas Kardaras, Ph.D., LCSW</b>  <b>Objective: Participants will be able to identify the historical aspects of how we became a screen/digital culture, identify the cultural and economic aspects of screen/digital culture, and future trends with tech in our society.</b></p> <p><b>Moving Beyond Financial Losses from Gambling and Substance Use Disorder</b>  <b>Presenter: Estoria (Esther) M. Maddux, Ph.D., CFP(R), GCAC-II, KLAC, KCGC-I</b>  <b>Objective: Identify and describe how a client can use a Financial Cost Inventory Worksheet to inventory the costs of gambling and/or substance use, discuss the actual dollar costs of gambling and/or use of different types of substances, and discuss the costs of treatment. Discuss how problem</b></p>

	gambling and substance use has impacted family finances and use and explain tools to guide clients in observing how they form what they do and where they can change what they do to move toward financial security.
<b>2:45 – 3 p.m.</b>	Break
<b>3 – 4 p.m.</b> Session 5 – 60 min.	<b>Keynote Address: Problem Gambling: An Examination of Problem Gambling Policy Past, Present, and the Future</b> <b>Presenter: Brianne-Doura Schawohl</b> Objective: The presenter will describe the legislative and regulatory happenings around expanded gambling throughout the Midwest and across the nation; identify statutory and legislative barriers and intersections to responsible and problem gambling policy and SUD policy; and identify what individuals need to be doing to create impactful and meaningful change to gambling policy.

## Day 2: Thursday, June 17, 2021

Time	Event
<b>9 – 10:15 a.m.</b> Sessions 6 – 75 min.	<b>Keynote Address: Addressing Disparities and Building Equity: Revolutionizing a Path Forward in Problem Gambling Practice</b> <b>Presenter: Victor Ortiz</b> Objective: Participants will be able to identify key factors that contribute to health disparities and its relationship to problem gambling; identify strategies in building and promoting health equity and identify resources.
<b>10:15 – 10:30 a.m.</b>	Break
<b>10:30 – 11:30 a.m.</b> Session 7 – 60 min.	<b>Benchmarks for Treatment of Problem Gambling: Toward “A Best Practice”</b> Presenter: Daniel Smith, BACC, ICCGCII, LCSW Objective: Participants will be able to identify at least ten best practices for gambling, substance abuse and mental health treatment; be encouraged to adopt these principles and implement within their practice or agency and be able to use materials presented to better collaborate with clients and their families on successful treatment outcomes.
	<b>Treatments for Individuals with Stimulant Use Disorder</b> Presenter: Richard Rawson, Ph.D. Objective: Participants will be able to explain the key principles and strategies involved with contingency management; be able to compare and discuss the evidence of support for different EBPs for stimulant use disorder and be able to explain how to monitor and evaluate treatment efforts
<b>11:30 a.m. – 12:15 p.m.</b>	Lunch Break
<b>12:15 p.m. – 1:15 p.m.</b> Session 8 – 60 min.	<b>Keynote Address: Stimulant Use Disorders (2021): Regional Trends, Clinical Challenges and Evidence-based Treatments</b> <b>Presenter: Richard Rawson, Ph.D.</b> Objective: Participants will be able to explain the current epidemiology of methamphetamine in the US, be able to describe the most common clinical challenges in treatment people with methamphetamine use disorders and to review and discuss the current evidence-based practices for the treatment of individuals with stimulant use disorder.
<b>1:15 – 1:30 p.m.</b>	Break
<b>1:30 – 2:30 p.m.</b> Session 9 – 60 min.	<b>Breaking the Silos: Prevention and Clinical Practitioners - Working Together to Mitigating Harms Associated with Problem Gambling</b> Presenter: Victor Ortiz Objective: Participants will be able to understand gambling disorders and its relationship to other addictive and mental health disorders, identify effective steps in establishing integrated approaches to mitigate harms associated with problem gambling and identify resources and screening tools.
	<b>How Harm Reduction Can Slow the Fentanyl Crisis</b> Presenter: Ben Westoff

	Objective: Describe how fentanyl affects substance abuse disorder differently than previous drug crises, understand harm reduction and its techniques and understand how harm reduction techniques can slow the American fentanyl crisis, and what obstacles remain.
<b>2:30 – 2:45 p.m.</b>	Break
<b>2:45 – 4:00 p.m.</b> Session 10 – 75 min.	<b>Keynote Address: How Fentanyl Became the Worst Drug Crisis in US History</b> <b>Presenter: Ben Westoff</b> Objective: Understand fentanyl, its history, its jump from the medical to the illicit realm, and how it is made and distributed today, define the “third wave” of the opioid crisis and understand fentanyl's role in the substance abuse disorder landscape.

**Thank you for attending the 2021 MCPGSA!**